

Agape Institute Foundation Courses

Introductory courses for foundational learning

Four weeks per course | Two hours per week | Beginner level

These courses introduce young learners to Agape love, foundational Christian belief, the person of Jesus in the Gospel of John, and the two trees in Genesis. Each course combines simple Bible teaching, discussion, creative participation, and a short multiple-choice assessment. The lessons are designed for guided classroom, church, or online learning.

How to use this curriculum

- Teach one two-hour session each week for four weeks.
- Read the selected Bible passages together. Use a translation suitable for the learners.
- Keep explanations simple and invite questions without embarrassment.
- Use the activities to help learners see, speak, draw, act, and apply the lesson.
- Complete the 12-question multiple-choice assessment after Week 4.

Course overview

Course	Main question	Length	Assessment
AGP 101 What Is Agape Love	What is God's self-giving love?	4 weeks 8 hours	12 MCQs
CBF 101 Basics of Christian Belief	What do Christians believe?	4 weeks 8 hours	12 MCQs
JES 101 The Man Called Jesus	Who is Jesus in John's Gospel?	4 weeks 8 hours	12 MCQs
GEN 101 The Two Trees	What do the two trees teach us?	4 weeks 8 hours	12 MCQs

Course 3 The Man Called Jesus

Course code JES 101 | Primary text The Gospel of John | Level Beginner | Duration Four weeks | Total guided study Eight hours

This course introduces Jesus through four movements in John's Gospel: the Word who became human, the giver of signs and life, the servant teacher, and the crucified and risen Lord. Learners practise reading stories in context and noticing what Jesus reveals about God.

Course learning outcomes

- Retell major events from the Gospel of John.
- Explain selected "I am" sayings in simple language.
- Describe how Jesus treats people and reveals the Father.
- Summarize the meaning of Jesus' cross and resurrection in John.

Week 1 The Word Became Flesh

Bible focus: John 1:1–18, 29–51; John 2:1–11

Learning goals

- Explain the title "Word."
- Identify the first disciples and the first sign.

Simple teaching content

The Word: John begins before Bethlehem: the Word was with God and was God. The Word became flesh in Jesus.

Witnesses: John the Baptist points away from himself and calls Jesus the Lamb of God.

The first sign: At Cana, Jesus turns water into wine and reveals His glory, leading disciples to believe.

Two hour lesson plan

Time	Learning step	What learners do
10 min	Welcome and prayer	Settle, greet one another, and name the week's question.
20 min	Bible discovery	Read selected verses aloud and notice key words.
25 min	Simple teaching	Listen, ask questions, and write three main ideas.
10 min	Break	Rest and refresh.
25 min	Guided activity	Complete the creative or group task.
20 min	Discussion	Connect the Bible truth with everyday choices.
10 min	Review and prayer	State one takeaway and close in prayer.

Young learner activities

- Create a "names of Jesus" bookmark from John 1.

- News report role-play: interview a guest from the wedding at Cana.

Weekly takeaway: In Jesus, God comes near and makes Himself known.

Week 2 Signs That Point to Life

Bible focus: John 3:1–17; John 4:1–42; John 6:1–35; John 9:1–7

Learning goals

- Explain that signs point beyond themselves.
- Describe Jesus as giver of new life.

Simple teaching content

New birth: Jesus tells Nicodemus that life with God begins from above by God's Spirit.

Living water: Jesus crosses social barriers and offers the Samaritan woman living water.

Bread and light: Jesus feeds the crowd and calls Himself the Bread of Life. He brings sight and light.

Two hour lesson plan

Time	Learning step	What learners do
10 min	Welcome and prayer	Settle, greet one another, and name the week's question.
20 min	Bible discovery	Read selected verses aloud and notice key words.
25 min	Simple teaching	Listen, ask questions, and write three main ideas.
10 min	Break	Rest and refresh.
25 min	Guided activity	Complete the creative or group task.
20 min	Discussion	Connect the Bible truth with everyday choices.
10 min	Review and prayer	State one takeaway and close in prayer.

Young learner activities

- Match each sign with what it reveals: water, bread, sight, life, compassion.
- Use a flashlight in a dim room and discuss how light guides and reveals.

Weekly takeaway: Jesus' signs invite us to trust Him as the giver of life.

Week 3 Jesus the Shepherd Servant and Friend

Bible focus: John 10:1–18; John 11:1–44; John 13:1–17, 34–35; John 14:1–11

Learning goals

- Describe Jesus as Good Shepherd and Resurrection and Life.
- Connect leadership with service.

Simple teaching content

Good Shepherd: Jesus knows His sheep and lays down His life for them.

Resurrection and life: Jesus grieves with Mary and Martha and calls Lazarus from the tomb.

Servant Lord: Jesus washes feet and commands His disciples to love one another.

The Father revealed: Jesus tells Philip that seeing Him is seeing the Father.

Two hour lesson plan

Time	Learning step	What learners do
10 min	Welcome and prayer	Settle, greet one another, and name the week's question.
20 min	Bible discovery	Read selected verses aloud and notice key words.
25 min	Simple teaching	Listen, ask questions, and write three main ideas.
10 min	Break	Rest and refresh.
25 min	Guided activity	Complete the creative or group task.
20 min	Discussion	Connect the Bible truth with everyday choices.
10 min	Review and prayer	State one takeaway and close in prayer.

Young learner activities

- Shepherd map: draw ways a good shepherd guides, protects, knows, feeds, and seeks.
- Service brainstorm: plan one helpful action for home, school, or church.

Weekly takeaway: The authority of Jesus is expressed through life-giving love and service.

Week 4 The Cross and the Empty Tomb

Bible focus: John 18:1–40; John 19:16–30; John 20:1–31

Learning goals

- Retell John's cross and resurrection account.
- Explain the purpose statement of John's Gospel.

Simple teaching content

Faithful love: Jesus faces betrayal, injustice, and death without abandoning love and truth.

It is finished: At the cross Jesus completes His saving mission.

Risen Lord: Jesus appears to Mary Magdalene and the disciples, bringing peace and commissioning them.

Purpose: John writes so readers may believe Jesus is the Christ, the Son of God, and have life in His name.

Two hour lesson plan

Time	Learning step	What learners do
10 min	Welcome and prayer	Settle, greet one another, and name the week's question.
20 min	Bible discovery	Read selected verses aloud and notice key words.
25 min	Simple teaching	Listen, ask questions, and write three main ideas.
10 min	Break	Rest and refresh.
25 min	Guided activity	Complete the creative or group task.
20 min	Discussion	Connect the Bible truth with everyday choices.
10 min	Review and prayer	State one takeaway and close in prayer.

Young learner activities

- Sequence the Passion and resurrection events on a timeline.
- Thomas discussion: distinguish honest questions from refusal to consider evidence.

Weekly takeaway: The risen Jesus offers peace, faith, mission, and life.

Course assessment

Choose the best answer for each question. Circle A, B, C, or D, then record the letter on the answer grid.
Suggested pass mark: 8 out of 12.

1. John calls Jesus the Word who became...

- A. a king only
- B. flesh
- C. an angel
- D. a book

2. John the Baptist called Jesus...

- A. the Lamb of God
- B. Caesar
- C. a fisherman
- D. a scribe

3. Jesus' first sign in John took place at...

- A. Cana
- B. Rome
- C. Athens
- D. Babylon

4. Jesus spoke about new birth with...

- A. Nicodemus

- B. Pilate
- C. Judas
- D. Caiaphas

5. Jesus offered living water to...

- A. the Samaritan woman
- B. Herod
- C. Thomas
- D. Andrew

6. Jesus called Himself the Bread of...

- A. power
- B. wealth
- C. Life
- D. secrecy

7. Jesus describes Himself as the Good...

- A. merchant
- B. Shepherd
- C. soldier
- D. judge only

8. Jesus raised...

- A. Lazarus
- B. Pilate
- C. John the Baptist
- D. Nicodemus

9. Jesus washed His disciples'...

- A. boats
- B. clothes
- C. feet
- D. nets

10. To see Jesus is to see...

- A. the Father
- B. Rome
- C. an ordinary teacher only
- D. Moses

11. Who first meets the risen Jesus in John 20?

- A. Mary Magdalene
- B. Pilate
- C. Judas
- D. Nicodemus

12. John wrote so readers may believe and have...

- A. fame

- B. life in Jesus' name
- C. political power
- D. riches

Student answer grid

1	2	3	4	5	6
_____	_____	_____	_____	_____	_____
7 _____	8 _____	9 _____	10 _____	11 _____	12 _____

Teacher answer key

1. B 2. A 3. A 4. A 5. A 6. C 7. B 8. A 9. C 10. A 11. A 12. B