

Agape Institute Foundation Courses

Introductory courses for foundational learning

Four weeks per course | Two hours per week | Beginner level

These courses introduce young learners to Agape love, foundational Christian belief, the person of Jesus in the Gospel of John, and the two trees in Genesis. Each course combines simple Bible teaching, discussion, creative participation, and a short multiple-choice assessment. The lessons are designed for guided classroom, church, or online learning.

How to use this curriculum

- Teach one two-hour session each week for four weeks.
- Read the selected Bible passages together. Use a translation suitable for the learners.
- Keep explanations simple and invite questions without embarrassment.
- Use the activities to help learners see, speak, draw, act, and apply the lesson.
- Complete the 12-question multiple-choice assessment after Week 4.

Course overview

Course	Main question	Length	Assessment
AGP 101 What Is Agape Love	What is God's self-giving love?	4 weeks 8 hours	12 MCQs
CBF 101 Basics of Christian Belief	What do Christians believe?	4 weeks 8 hours	12 MCQs
JES 101 The Man Called Jesus	Who is Jesus in John's Gospel?	4 weeks 8 hours	12 MCQs
GEN 101 The Two Trees	What do the two trees teach us?	4 weeks 8 hours	12 MCQs

Course 2 Basics of Christian Belief

Course code CBF 101 | Level Beginner | Duration Four weeks | Total guided study Eight hours

This course introduces the Christian story using the language of the Father, the Son, and God's Spirit. It explains creation, sin, salvation, the church, Christian living, resurrection, and hope in a simple and Christ-centred way.

Course learning outcomes

- Describe God as the loving Father revealed through the Son.
- Explain the work of Jesus the Son in salvation.
- Describe God's Spirit as God present and active in believers.
- Summarize faith, baptism, Christian community, and future hope.

Week 1 The Father Creator and Giver of Life

Bible focus: Genesis 1:1, 26–31; Matthew 6:9–13; James 1:17

Learning goals

- Recognize the Father as Creator and giver of good gifts.
- Explain that people bear God's image.

Simple teaching content

The Father: Jesus teaches us to address God as our Father. The Father loves, provides, guides, and welcomes.

Creation: God created a good world. Human beings have dignity and responsibility as image-bearers.

Sin: Sin distrusts God's goodness and damages our relationship with God, others, ourselves, and creation.

Two hour lesson plan

Time	Learning step	What learners do
10 min	Welcome and prayer	Settle, greet one another, and name the week's question.
20 min	Bible discovery	Read selected verses aloud and notice key words.
25 min	Simple teaching	Listen, ask questions, and write three main ideas.
10 min	Break	Rest and refresh.
25 min	Guided activity	Complete the creative or group task.
20 min	Discussion	Connect the Bible truth with everyday choices.
10 min	Review and prayer	State one takeaway and close in prayer.

Young learner activities

- Creation gratitude walk: list five good gifts from God.
- Make an image-of-God poster showing creativity, care, responsibility, relationship, and moral choice.

Weekly takeaway: The Father is the loving source of life and every good gift.

Week 2 Jesus the Son Saviour and Revealer

Bible focus: John 1:1–18; John 3:16–17; 1 Corinthians 15:3–4

Learning goals

- Explain why Jesus is central to Christian faith.
- Summarize the gospel: life, death, resurrection, and salvation.

Simple teaching content

The Son: The Word became flesh. Jesus is truly human and uniquely reveals God.

The gospel: Jesus lived faithfully, died for our sins, rose from death, and offers forgiveness and new life.

Faith: We respond with trust, repentance, and a willingness to follow Jesus.

Two hour lesson plan

Time	Learning step	What learners do
10 min	Welcome and prayer	Settle, greet one another, and name the week's question.
20 min	Bible discovery	Read selected verses aloud and notice key words.
25 min	Simple teaching	Listen, ask questions, and write three main ideas.
10 min	Break	Rest and refresh.
25 min	Guided activity	Complete the creative or group task.
20 min	Discussion	Connect the Bible truth with everyday choices.
10 min	Review and prayer	State one takeaway and close in prayer.

Young learner activities

- Arrange gospel story cards: birth, ministry, cross, burial, resurrection, mission.
- Write a one-sentence answer to “Who is Jesus and why does He matter?”

Weekly takeaway: Jesus the Son shows us the Father and brings us into new life.

Week 3 God's Spirit Helper and Life Giver

Bible focus: John 14:16–17, 26; Acts 1:8; Galatians 5:22–23

Learning goals

- Describe the work of God's Spirit.
- Identify fruit that God's Spirit grows in believers.

Simple teaching content

God with us: God's Spirit is God's holy presence at work with and within His people.

Helper and teacher: God's Spirit comforts, teaches, reminds believers of Jesus' words, and guides us in truth.

Power for witness: God's Spirit empowers service and forms Christlike character rather than selfish power.

Two hour lesson plan

Time	Learning step	What learners do
10 min	Welcome and prayer	Settle, greet one another, and name the week's question.
20 min	Bible discovery	Read selected verses aloud and notice key words.
25 min	Simple teaching	Listen, ask questions, and write three main ideas.
10 min	Break	Rest and refresh.
25 min	Guided activity	Complete the creative or group task.
20 min	Discussion	Connect the Bible truth with everyday choices.
10 min	Review and prayer	State one takeaway and close in prayer.

Young learner activities

- Fruit-tree craft: place each fruit of the Spirit on a paper tree.
- Scenario circle: choose which fruit of the Spirit would help in school, family, online, or friendship situations.

Weekly takeaway: God's Spirit helps us know Jesus and live like Him.

Week 4 Faith Baptism Church and Hope

Bible focus: Acts 2:37–47; Romans 6:3–4; John 14:1–3; Revelation 21:1–5

Learning goals

- Describe baptism and life in Christian community.
- Express the Christian hope of resurrection and restoration.

Simple teaching content

Baptism: Baptism publicly identifies a believer with Jesus' death and resurrection.

The church: The church learns, worships, prays, shares, serves, and bears witness together.

Hope: Christians await Jesus, resurrection, judgment made right, and the renewal of creation where God dwells with His people.

Two hour lesson plan

Time	Learning step	What learners do
10 min	Welcome and prayer	Settle, greet one another, and name the week's question.
20 min	Bible discovery	Read selected verses aloud and notice key words.

Time	Learning step	What learners do
25 min	Simple teaching	Listen, ask questions, and write three main ideas.
10 min	Break	Rest and refresh.
25 min	Guided activity	Complete the creative or group task.
20 min	Discussion	Connect the Bible truth with everyday choices.
10 min	Review and prayer	State one takeaway and close in prayer.

Young learner activities

- Build a “church is people” collage showing worship, learning, friendship, service, and mission.
- Hope postcard: draw or describe Revelation 21’s renewed world.

Weekly takeaway: Christian faith is lived together in hope, love, worship, and service.

Course assessment

Choose the best answer for each question. Circle A, B, C, or D, then record the letter on the answer grid.

Suggested pass mark: 8 out of 12.

1. Christians call God our loving...

- A. stranger
- B. Father
- C. rival
- D. idea

2. Human beings are made in...

- A. God’s image
- B. the image of money
- C. perfect independence
- D. fear

3. Sin damages...

- A. only our bodies
- B. relationships with God and creation
- C. nothing
- D. only schoolwork

4. The Son became human in...

- A. Jesus Christ
- B. Abraham
- C. Elijah
- D. Paul

5. The heart of the gospel includes Jesus’...

- A. death and resurrection

- B. political office
- C. wealth
- D. military victory

6. A Christian response to Jesus includes...

- A. trust and following
- B. revenge
- C. pride
- D. hiding truth

7. God's Spirit is called a...

- A. Helper
- B. stranger
- C. competitor
- D. false teacher

8. Which is fruit of God's Spirit?

- A. envy
- B. cruelty
- C. peace
- D. deceit

9. God's Spirit empowers believers to...

- A. witness and serve
- B. control everyone
- C. avoid love
- D. seek fame

10. Baptism identifies a believer with...

- A. Jesus' death and resurrection
- B. a sports team
- C. a nation only
- D. personal success

11. The church is mainly...

- A. God's people together
- B. a building only
- C. a business
- D. a private hobby

12. Christian hope includes...

- A. renewed creation
- B. endless injustice
- C. death winning forever
- D. God abandoning people

Student answer grid

1	2	3	4	5	6
_____	_____	_____	_____	_____	_____
7 _____	8 _____	9 _____	10 _____	11 _____	12 _____

Teacher answer key

1. B 2. A 3. B 4. A 5. A 6. A 7. A 8. C 9. A 10. A 11. A 12. A